



**APPLEWOOD
TENNIS CLUB**
www.applewoodtennis.com

**2017 House League
Registration Form**

Members: House League Fee is \$15/season/member. Note: Fees are not refundable nor transferable.

Last Name (please print)	First Name	Male (M) or Female (F)	Player Class (1-7) See Chart	Member Tag Number #	Fee:

Contact Information

E-MAIL (for notification of special events): (To Enable Contact For House League):

Telephone (To Enable Contact For House League):

Home: (____) _____ Bus: (____) _____

Other:

Register at the clubhouse: Kennedy Park, Golden Orchard Drive
OR
Mail To: Applewood Tennis Club, PO Box 41300, Mississauga, ON L4W 5C9

Total Fees (CASH or Cheque Only)

Completion of this form confirms your agreement that of the registrants to abide by the rules and regulations of the club and to hold harmless each of the **City of Mississauga**, the club, its directors and officers, **employees and volunteers** from any injury or any other form of loss **or harm however caused, whether directly in the club facilities or while participating in or travelling to activities arranged by club representatives.**

Participants agree to allow the provision of their names/contact information as required to the league in which they are participating.

Signed: _____ Date: _____ Accepted by: _____
Member Note: Fees are not refundable nor transferable ATC representative

NATIONAL TENNIS RATING PROGRAM

NTRP LEVEL: 1.5



Limited experience with stroke development. Still working primarily on the ball into play. Not yet ready to compete.



NTRP LEVEL: 2.0: Needs on-court experience, with an emphasis on play. Struggles to find an appropriate contact point, needs stroke development & lessons and is not yet familiar with basic positions for singles and doubles.

NTRP LEVEL: 2.5: Learning to judge where the ball is going when receiving the ball. Movement and recovery are not in sync. Can sustain a rally of slow pace with other players of similar ability and is beginning to develop strokes. Becoming more familiar with the basic positions for singles and doubles. Ready to play social matches, leagues and low-level tournaments. Potential limitations: grip weaknesses; not attempting full swing on serve; inconsistent toss on serve; limited transitions to net.



NTRP LEVEL: 3.0: Fairly consistent when hitting medium-paced shots, but not comfortable with all strokes. Lacks execution when trying for directional control, depth, pace or altering distance of shots. Most common doubles formation is one up, one back.

Potential limitations: consistency when applying or handling pace; difficulty handling shots "outside of their strike zone"; can be uncomfortable at the net.

NTRP LEVEL: 3.5: Achieved improved stroke dependability with directional control on moderate shots, but still lacks depth, variety and the ability to alter distance of shots. The effective use of lobs, overheads, approach shots, and volleys is limited due to a lack of confidence. More comfortable at net, has improved court awareness, and is developing teamwork in doubles. Potential limitations or strengths: "This is the level at which it begins to be about what skills a player can display on court, not what they can't." Players at this level may start to utilize mental skills related to concentration, tactics and strategy.



NTRP LEVEL: 4.0: Dependable strokes, including directional control, depth and the ability to alter distance of shots on both forehand and backhand sides during moderately paced play, plus the ability to use lobs, overheads, approach shots, and volleys with more success. Occasionally forces errors when serving. Rallies may be lost due to impatience. Doubles teamwork evident. Potential strengths: less likely to beat themselves; more dependable second serve; recognizes opportunities to finish points.

NTRP LEVEL: 4.5: Begun to vary the use of pace and spins, has good movement, can control distance and depth of shots. Beginning to develop game plans on strengths and weaknesses. Hits the first serve with power and accuracy. Can place the second serve. Tends to overhit on difficult shots. Aggressive net play is common in doubles. Potential strengths: points are won and lost off the serve more often; better able to cover weaknesses; beginning to develop a weapon around which their game can be built.



NTRP LEVEL: 5.0: This player has good shot anticipation and frequently has an outstanding shot or attribute around which their game can be structured. This player has the confidence to regularly hit winners or force errors off of short balls and can put away volleys, can successfully execute lobs, drop shots, half volleys, overheads, and has good depth and spin on most second serves. Potential strengths: better decision making; covers and disguises weaknesses well; mentally tougher, but can still break down in stress situations.

NTRP LEVEL: 5.5: This player has developed pace and/or consistency as a major weapon. This player can vary strategies and styles of play in competitive situations and hit dependable shots in stress situations. Potential strengths: can hit offensively at any time; can vary strategies and styles of play in competitive situations; first and second serves can be depended upon in stress situations.



NTRP LEVEL: 6.0 - 7.0: The 6.0 player typically has had intensive training for national tournaments or top level collegiate competition, and has obtained a national ranking. The 6.5 and 7.0 are world-class players.